

# PERU ELEMENTARY SCHOOL DISTRICT 124

## BREAKFAST/LUNCH MENU

### OCTOBER 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal Mini Loaf Fruit Juice  Corn Dog Baked Beans Tropical Fruit	4 Mini Waffles Fruit Juice  Hamburger on Bun Green Beans Apricots Chocolate Chip Cookie	5 Sausage & Egg Burrito Fruit Juice  Taco Salad Romaine Lettuce Salsa Peaches	6 Banana Bread Fruit Juice  Orange Chicken Vegetable Egg Roll Vegetable Fried Rice Orange Wedges	7 Breakfast Pizza Fruit Juice  Cheese Pizza Corn Mixed Fruit
10 Mini Pancake Wraps Fruit Juice  Italian Chicken Breast Baked Beans Tropical Fruit	11 Cereal Yogurt Fruit Juice  Popcorn Chicken Spudster Carrot Sticks w/Ranch Cup Pears	12 Scrambled Eggs w/ Bacon Biscuit/Jelly Fruit Juice  Br Pork Chop Patty/Bun Green Beans Apricots	13 Mini Powdered Donuts Fruit Juice  Meatball Sub Sweet Potato Puffs Mixed Vegetables Grapes	14 Breakfast Pizza Fruit Juice  Pepperoni Calzonettes Marinara Sauce Salad Pineapple
17 Apple Bosco Stick Fruit Juice  Chicken Rings Sweet Potato Wedges Orange Wedges	18 French Toast Sticks Fruit Juice  Taco in a Bag Lettuce Salsa Tropical Fruit	19 Cereal Biscuit/Jelly Fruit Juice  Cream Chick Bread Bowl Mixed Vegetable Pineapple Chocolate Chip Cookie	20 Breakfast Wrap w/Cheese Fruit Juice  Country Fried Steak Mashed Potatoes/Gravy Dinner Roll/Butter Baked Beans Applesauce	21 Breakfast Pizza Fruit Juice  Sausage Pizza Broccoli w/Ranch Cup Apricots
24 Breakfast Slider Pizzas Fruit Juice  Toasted Beef Ravioli Marinara Sauce Cheese Stick Mixed Fruit	25 Pancake Wrap Fruit Juice  Chicken Drumsticks Sweet Potato Puffs Broccoli w/Ranch Cup Sidekick Slushy	26 Scrambled Eggs Sausage Links Fruit Juice  Salisbury Steak Mashed Potatoes/Gravy Dinner Roll/Butter Green Beans Peaches	27 Cereal Muffin Fruit Juice  Fish Nuggets Baked Beans Grapes Chocolate Chip Cookie	28 Breakfast Pizza Fruit Juice  Mini Pizza Bagels Mixed Vegetables Orange Wedges
31 Cereal Mini Loaf Fruit Juice  Macaroni & Cheese Green Beans Pears	1 Apple Frudel Fruit Juice  BBQ Teriyaki Chicken Vegetable Egg Roll Vegetable Fried Rice Mixed Fruit	2 Sausage & Egg Taco Fruit Juice  Nacho Bites Salsa Corn Mandarin Oranges	3 Strawberry Mini Bagels Fruit Juice  Chicken Nuggets Sweet Potato Fries Baked Beans Applesauce	4 Breakfast Pizza Fruit Juice  Pizza Bosco Spinach Salad Grapes

# Parkside School

## AlaCarte Price List

**Hot & Cold Subs**  
\$2.00



**Sandwiches, Wraps, Salads**  
**Pretzels & Cheese, Nachos**  
\$1.75



**PBJ, Side Salads**  
**Soup, Lg. Water**  
\$1.00



**Juice Box, Baked Chips, Bagels**  
**Pickle, Sm. Water, Ice Cream**  
**String Cheese, Fruit Parfait**  
**Yogurt, Goldfish Crackers**  
\$.75



**Fruit Snacks, Granola Bars**  
**100% Fruit Juice Cups**  
\$.50



## Alternative Hot Lunch Entree

**Monday: Pizza Bosco**

**Tuesday: Chicken Rings**

**Wednesday: Bosco Sticks**

**Thursday: Mac & Cheese**

**Friday: Popcorn Chicken**

**Soups served seasonally**  
**Chef's Choice Daily (October-February)**